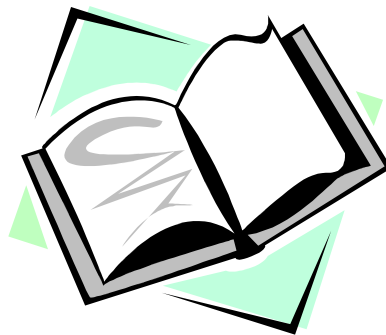


Psychology of Personality Psy 258



**D. Vandergrift,
Assistant Professor**

**Parker 319 S
(609) 894-9311 x1251
(856) 222-9311 x1251
dvanderg@bcc.edu
<http://staff.bcc.edu/dvanderg>
<http://www.donnavandergrift.com>**

**PSY 258 Psychology of Personality
Burlington County College**

Donna Vandergrift, Assistant Professor

Spring 2009

COURSE DESCRIPTION

This course will explore the major theoretical approaches and current research findings in the study of personality. Biological, social, and cultural influences will be explored.

LEARNING OBJECTIVES

1. Understand and apply contemporary and historical theoretical perspectives that provide a general personality theory.
2. Describe the various assessment methods and empirical approaches used in the psychology of personality.
3. Describe the development of personality and the concepts of self and identity.
4. Define and identify the importance of individual traits in the development of an individual's personality, as well as in the study of personality.
5. Describe the biological and social influences in the development of personality.

*Learning Objectives 1 - 5 will be evaluated using three Unit Test an, the various writing assignments.
Learning Objective 1 & 2 will also be measured by the Course Project and Annotated Bibliography.*

COURSE REQUIREMENTS

ON-LINE TEXT BOOK

You will be using an online textbook for this course. Dr. C. George Boeree, from the Psychology Department at Shippensburg University developed this textbook. You can access the textbook at <http://webspace.ship.edu/cgboer/perscontents.html>. It is **STRONGLY** recommended that you print out appropriate chapters to bring to class and to study from. We will also be using information from other websites and sources. They are all listed on my website.

You are responsible for reading each chapter/website before it is covered in class so you are prepared to discuss it and to participate in in-class projects.

EVALUATION

There will be three (4) Unit Tests. Questions will come from lecture, your textbook, and other materials given by the instructor. Tests are multiple choice and will be done on scantron sheets. You are required to bring your own pencil. Make-ups will only be granted **IN EXTREME EMERGENCIES** or if advanced notice is given. A written explanation from student is required before consideration for make-up will be given.

Psy 258 - D. Vandergrift

Other Assignments include:

Annotated Bibliography: Described on p. 4

Course Project: Described on pp. 5-6.

Other projects as assigned by the instructor including in-class assignments and projects.
Excessive absences will lower this part of your grade.

Ten percent of the grade will be deducted for every class session an assignment is late. Papers will not be accepted after two weeks from due date.

HONOR POLICY

No violation of the honor code or classroom agreement will be tolerated. See College Handbook and materials provided in class.

GRADING

Your grade will consist of points earned from Unit Tests and Assignments. Final grades will be given on the following scale: A=90-100%, B+ =87-89%, B=80-86%, C+ = 77-79%, C=70-76%, D=60-69%, F=59% & below. Grades of “W”, “X”, or “I” will only be given in accordance with college policies as described in the college handbook. In order to receive an “X” or an “I” grade, student work must be satisfactory.

ATTENDANCE

Everyone is expected to attend ALL classes. Please contact Instructor by email or voice mail as soon as you are aware that you will miss class. Excessive unexcused absences are not acceptable. The instructor has a responsibility to initiate an excessive absentee report and forward it to the Registrar’s Office if a student has more than 3 hours of unexcused absences. You are responsible of all material covered during your absence.

EXTRA CREDIT

Extra credit can be earned by attending one or more activities hosted by the college, which relate to the psychological concepts or theories of this course. A one-page typed summary for each activity must be submitted to receive 5 points. Be sure to include how it relates to the course. Extra credit is only available to students who are attending class regularly and have completed assignments and tests as required. Extra credit can not change a failing grade to a passing grade.

CONTACTING THE INSTRUCTOR

Office Location - 314 Academic Bldg., Pemberton Campus
Office Hours - Mon., Wed. and Fri. 12:00 – 11:00 (Mt. Laurel)
Tues. and Thurs. 9:15 - 10:15
Advising Hours - Mon. & Wed.. 9:00 – 10:00 (Mt. Laurel) By Appointment Only
Phone # - (609) 894-9311 or (856) 222-9311 x1251
Email - dvanderg@bcc.edu
Home Page - staff.bcc.edu/dvanderg & www.donnavandergrift.com
Psychology Home Page - staff.bcc.edu/psych

TENTATIVE SCHEDULE

Test 1: Introduction/Psychoanalytic Theories	2/11	_____
Test 2: Psychoanalytic/Behavioral Theories	3/18	_____
Test 3: Cognitive/Humanistic Theories	4/15	_____
Test 3: Trait/Biological Theories/Conclusions	Exam Week	_____
	<u>Due Date</u>	
Annotated Bibliography	3/20	_____
Course Project	4/20	_____
	Final Grade	_____

Annotated Bibliography

Using professional, psychological journals (e.g. *American Psychologist*, *Journal of Personality and Social Psychology*, *Child Development*, *Psychological Review*, *Journal of Personality*, *Human Nature*, *Journal of Social Psychology*, *Human Development*, and *Psychological Assessment*), find two articles which relate to a topic in Personality Psychology and write an annotation for each article. Each article must be a research article, which means that it is describing a research study.

Each annotation should include

- a) bibliographic information in APA style;
- b) a short synopsis of the article content which includes:
the hypothesis, the variables and how they are measured, the subjects, the methods, and the results.

Each annotation should be approximately **two pages in length**.

This assignment should have a title page that includes your name, the instructor's name, the course number and section, date and a title. It should use 12 point, normal font with one-inch margins.

Annotated Bibliography

You will be graded on the following elements:

Title Page	_____ / 5
Annotated Bibliography	
Description of research	_____ / 30
APA Format	_____ / 5
Spelling / Grammar/Clarity	_____ / 10
Total	_____ / 50

Course Project **Psy 258 – Psychology of Personality**

Personality Application Paper

The purpose of this paper is to apply personality theories to a fictional character or non-fictional public (well-known) person. You will choose a famous individual from real-life, or a main character from a movie or a book for purposes of application of personality theories as analytical tools. The work will be summarized in a paper in which the personality of this individual is examined in depth through the lens of different personality theories *from different theoretical perspectives* (psychoanalytic, behavioral (learning), trait, cognitive, or biological). The first page of the paper is a brief summary of the individual and a summary of their life or the plot and the role the character plays in the book or movie. The idea is to realize how the different perspectives inevitably construct a different picture of human nature and functioning--that it can be helpful to have multiple perspectives to "see" the person most clearly. Sources used must be from scholarly books, journal articles, or qualified websites. Textbooks from other sources are not acceptable. **Check with me before using a website. This is a strict requirement... significant points will be deducted for inappropriate sources.** You may use other sources once you have fulfilled the minimum number of scholarly sources.

APA format is required. If you do not know it, you will need to learn it. There are a number of resources that can help you with the APA style of formatting and writing research papers. Your English 101 handbook gives detailed information on reference pages and proper citation. On the Internet, the sites, <http://owl.english.purdue.edu/Files/34.html> and <http://www.psychwww.com/resource/apacrib.htm>, have very helpful documents that are easy to read and understand. You can also find resources on English faculty members' websites.

Title page

Your name, course number, instructor, date and a title to your paper should be at the beginning of your paper.

Introduction/Abstract

Tell the reader what to expect in the paper and give a summary of the character's role and the plot of the story or a short biography as it relates to the theoretical applications you have chosen to use. This should be approximately 1 page. More explanation of the character will most likely occur in the body of the paper

Body

You need to apply two theories to your character, and you should have at least two to three pages per application. This section should be organized and informative, illustrating how this character's personality can be explained by each theory. Be sure to cite all ideas that are someone else's and/or are not common knowledge. Make sure you understand and use proper citation procedures. **Plagiarism is a serious offense.**

Conclusion

Summarize your findings in an organized fashion. This should be approximately 1 page.

Reference page

List your sources in appropriate APA format.

Psy 258 - D. Vandergrift

A 'C' paper must include all of the information describe above and follow the basic standards for English Composition - 1) It must be well-organized; 2) It must have well developed paragraphs; and 3) It must be competent in style. An 'A' or 'B' paper must satisfy all of the above requirements in addition to being original in thought and content, effectively integrating course materials, and creating interest and enthusiasm in the reader.

Papers will be approximately **8 pages** (no less than 6 pages and no more than 10 pages) long using at least **2 scholarly sources in addition to the text and a professional biography** of the individual being studied **or the primary source** referring to the fictional character.

Course Project Psy 258 – Psychology of Personality

Personality Application Paper

You will be graded on the following elements:

Title Page	_____ / 5
Content	
Theoretical Application	_____ / 35
Intro / Conclusion	_____ / 15
Source Quality	_____ / 10
Clarity of Expression	
Spelling / Grammar	_____ / 10
Organization	_____ / 10
APA Format	
Reference Page	_____ / 10
Citation	_____ / 5
Total	_____ / 100

Plagiarism

Plagiarism is a form of academic dishonesty in which an individual submits or presents the work of another person as his or her own. Scholarship quite properly rests upon examining and referring to the thoughts and writings of others. However, when excerpts are used in paragraphs or essays, the author must be acknowledged using an accepted format for the underlying discipline. References and bibliographies must be complete. Plagiarism exists when all or part of an essay is copied from an author, or composed by another person, and presented as original work. Plagiarism also exists when there is inadequate recognition given to the author for phrases, sentences, or ideas of the author incorporated into an essay.

Plagiarism on this assignment will result in failure for that assignment and may result in further disciplinary action, including but not limited to failure for the course. Please refer to the Student Handbook for additional information regarding plagiarism and College regulations.

BCC PSYCHOLOGY DEPARTMENT

Honor Policy

The purpose of this agreement is to ensure that students and instructors can engage in learning, teaching, and understanding in an appropriate educational atmosphere. Please carefully read the following student and instructor responsibilities and keep this information with your class materials.

Student Expectations/Responsibilities:

- Attend all classes, be on time, and remain in class (If you must be absent, it is your responsibility to notify instructor and contact classmates for notes and assignments).
- Do not disrupt class activities (i.e. no cell phones, texting, or other electronic devices) unless unavoidable circumstances arise.
- Treat classmates and instructor with respect and civility.
- Submit assignments and take tests on time.
- Read appropriate chapters prior to class lecture/discussion.
- Communicate with instructor about concerns or problems in a timely fashion.
- Be aware that acts of cheating, lying, and/or plagiarizing will not be tolerated.
- Adhere to BCC's Code of Conduct and Civility Code as stated in Student Code.

Instructor Expectations/Responsibilities:

- Treat students with respect and civility.
- Be prepared for all class presentations.
- Conduct class with enthusiasm.
- Provide a learning environment that is diverse and enriching.
- Grade assignments and tests objectively.
- Return assignments in a timely fashion.
- Be available to assist students in their effort to succeed in this course.

Plagiarism

Plagiarism includes copying or paraphrasing another's words, ideas, or facts without crediting the source; submitting a paper written by someone else, either in whole or in part, as one's own work; or submitting work previously submitted for another course or instructor. **Plagiarism on any assignment will result in failure for that assignment** and may result in further disciplinary action, including but not limited to failure for the course. Please refer to the Student Handbook for additional information regarding plagiarism and College regulations.

Psychology of Personality - Psy 258

Course Outline

Introduction

1. Basic Assumptions Concerning Human Nature
2. Definition of Personality
3. Major questions a theory attempts to answer
 - A. Developmental-Historical Question
 - B. Predictions-Consistency Question
 - C. Uniqueness-Generality Question
 - D. Content/Process Question
4. A Good Theory
 - A. Utility
 - B. Internal Consistency
 - C. Comprehensive
 - D. Parsimonious
 - E. Utility
5. Potential Pitfalls
 - A. Ethnocentrism
 - B. Egocentrism
 - C. Dogmatism
 - D. Misunderstanding
 - E. Evidence
6. Basic Assumptions
 - A. Freedom ... Determinism
 - B. Unconsciousness ... Conscious
 - C. Holism ... Elementalism (Reductionism)
 - D. Heredity ... Environment
 - E. Changeability (Optimistic) ... Unchangeability (Pessimistic)
 - F. Proactivity (Personal) ... Reactivity (Situation)
 - G. Homeostasis ... Heterostasis
 - H. Uniqueness...Universality
 - I. Continuous...Discontinuous Development
 - J. Cultural Determinism...Cultural Transcendence
 - K. Early...Late Development

Psychoanalytic Theory of Freud

1. Sigmund Freud
2. Theoretical Principles
 - A. Psychic Determinism Unconscious Mind
 - B. Dynamic Nature - homeostasis
 - C. C. Closed System
3. Basic Concepts and Process
 - A. Levels of Unconscious
 - 1) Conscious
 - 2) Preconscious

Psy 258 - D. Vandergrift

- 3) Unconscious
- B. Instincts
 - 1) Life Instinct – Eros
 - 2) Death Instinct – Thanatos
- C. Personality Structure
 - 1) Id
 - 2) Ego
 - 3) SuperEgo
4. Developmental Stages
 - A. Oral
 - B. Anal
 - C. Phallic
 - D. Latency
 - E. Genital
5. Anxiety and Defense Mechanisms
 - A. Repression
 - B. Denial
 - C. Reaction Formation
 - D. Projection
 - E. Displacement
 - F. Sublimation
 - G. Regression
 - H. Rationalization
6. Application of his Theory
7. General Evaluation
 - A. Contributions
 - B. Limitations

Jung and Adler

1. Carl Jung
 - A. Analytical Psychology
 - B. Three Parts of the Mind, or Psyche
 - 1) The Ego
 - 2) The Personal Unconscious
 - 3) The Collective Unconscious
-Archetypes
 - C. Dynamics of Personality
 - 1) Principles of Opposites
 - 2) Principles of Equivalence
 - 3) Principles of Entropy
 - D. Other Concepts
 - 1) Transcendent Function
 - 2) Self
 - 3) Complexes
 - E. Application
 - 1) Personality Assessment - Functions and Attitudes
 - F. Evaluation

2. Alfred Adler
 - A. Individual Psychology
 - 1) Teleological Approach
 - B. Motivations
 - 1) Striving For Superiority
 - 2) Inferiority Complex
 - 3) Organ Inferiority
 - 4) Compensation
 - C. Social Interest
 - D. Style of Life and Psychological Types
 - 1) Rulling
 - 2) Getting
 - 3) Avoiding
 - 4) Socially Useful
 - E. Parenting
 - 1) Pampering
 - 2) Neglect
 - F. Birth Order
 - G. General Evaluation

NeoFreudians

1. Erik Erikson
 - A. Theory of Ego Development
 - B. Epigenetic Principle
 - C. Stages of Development
 - D. General Evaluation
2. Karen Horney
 - A. Basic Anxiety and Hostility
 - B. Neurosis
 - 1) Moving Towards Others
 - 2) Moving Against Others
 - 3) Moving Away from Others
 - C. Self
 - D. General Evaluation
3. Harry Stack Sullivan
 - A. Interpersonal Theory
 - B. Dynamism and Personification
 - C. Influences of Interpersonal Communication
4. Erich Fromm
 - A. Freedom
 - 1) Authoritarianism
 - 2) Destructiveness
 - 3) Conformity
 - B. The Basic Needs
5. Other Ego Psychologists
 - A. Melanie Klein
 - B. Margaret Mahler

Phenomenological Theory of Carl Rogers

1. 1. Carl Rogers
2. 2. Person-Centered Theory - Basic Principles
 - A. Self-Actualization
 - B. Organismic Valuing process
 - C. Positive Regard
 - D. Positive Self Regard and Conditions of Worth
 - E. Self-Concept
 - F. Congruence vs. Incongruence
 - G. Fully Functioning Individual
3. 3. Client-Centered Therapy
 - A. Congruence
 - B. Empathy
 - C. Respect

Humanistic Theory of Maslow and Kelly

1. Abraham Harold Maslow
 - A. Theory
 - B. Hierarchy of Needs
 - 1) The physiological needs
 - 2) The safety and security needs
 - 3) The love and belonging needs
 - 4) The esteem needs
 - 5) Self-actualization
 - C. Neurosis
2. George Kelly's Personal Construct Theory
 - A. Human as Scientist
 - B. Constructive Alternativism
 - C. Fundamental Postulate and 11 Corollaries
 - D. Emotions

Learning Theory

1. Behavioral theory emphasis
2. Reinforcement Theory - B.F. Skinner
 - A. Radical
 - B. Operant Conditioning and Reinforcement
 - 1) Definition
 - 2) Reinforcement
 - 3) Extinction
 - 4) Schedules of Reinforcement
 - 5) Shaping
 - 6) Punishment
 - C. Personality Theory
 - 1) Behavior
 - 2) Token economy

Social Cognitive Viewpoint

1. Julian Rotter's Expectancy-Value Theory
 - A. Needs
 - B. Locus of Control
 - C. Interpersonal Trust
2. Albert Bandura and Social Learning Theory
 - A. Reciprocal determinism
 - B. Observational learning / Modeling
 - 1) Attention
 - 2) Retention
 - 3) Reproduction
 - 4) Motivation
 - C. Self-Efficacy
 - D. Self-regulation
 - 1) 1) Self-observation
 - 2) 2) Judgment
 - 3) 3) Self-response
3. Walter Mischel
 - A. Cognitive Social Learning Personal Variables
 - 1) Competencies
 - 2) Encoding Strategies
 - 3) Expectancies
 - 4) Subjective values
 - 5) Self-Regulatory Systems and Plans
 - B. Application

Cognitive Theorists

1. 1. Albert Ellis
 - A. Basic Tenets
 - B. ABC Theory
 - C. Absolute Musts
 - D. Cognitive Restructuring
2. 2. Aaron Beck
 - A. Cognitive Restructuring / Cognitive Behavior Therapy
 - B. Automatic Thoughts
3. 3. Martin Seligman
 - A. Learned Helplessness
 - B. Pessimism
 - C. Learned Optimism

Trait Theories

1. Gordon Allport
 - A. Basic Assumptions
 - B. Basic Concepts

Psy 258 - D. Vandergrift

- C. Traits
 - 1) Cardinal Traits
 - 2) Central Traits
 - 3) Secondary Traits
- D. Application and Evaluation
- 2. Raymond Cattell
 - A. Basic Assumptions
 - B. Basic Concepts
 - C. Traits
 - 1) Surface Traits
 - 2) Source Traits
 - D. Application and Evaluation

Biological Theories

- 1. The Human Genome
 - A. Definition
 - B. The Human Genome Project
- 2. Behavioral Genetics
 - A. Goals
 - B. Heritability
 - 1. Definition
 - 2. Environmentality
 - 3. Misconceptions
- 3. Methods of Study
 - A. Family Studies
 - B. Twin Studies
 - C. Adoption Studies
- 4. Environmental Influences
 - A. Shared vs. Nonshared
 - B. Genotype-Environment Influences
 - 1. Passive
 - 2. Reactive (Evocative)
 - 3. Active
- 5. Eysneck's Theory
 - A. Traits
 - B. Hierarchical Structure